



# Virginia Railway Express

## Daily Job & Safety Briefing Guide

Virginia Railway Express is committed to maintaining a zero-tolerance safety environment

Date  Time

Work Address

Host Railroad/Milepost  Track Speed

RWIC/EIC Name

**\* Emergency Contacts**

<b>911</b>	<b>All locations</b>
<b>Amtrak</b>	<b>1.800.331.0008</b>
<b>CSX</b>	<b>1.800.232.0144</b>
<b>NS</b>	<b>1.800.453.2530</b>

*Be prepared to provide railroad milepost location*

Our primary safety stand-down location is

Our alternate safety stand-down location is

Our first-aid location is

Our severe weather and exposure plan is

Our rule of the day is

Our safety team leaders are

Who is counting on us returning safely

- Will Personal Protective Equipment (PPE) be needed?
- Are replacement PPE supplies available?
- Is our PPE in good condition?
- Have our communication radios been tested for transmit and receive?
- Where are our ground and overhead hazards?
- Where are our electrocution hazards?
- Will we need fall protection?
- Have fall protection devices and ladders been inspected?
- Has machinery been inspected?
- Where are the No Foul / Red Zones around each piece of machinery?
- Does everyone understand our blue flag / lock-out tag-out rules?
- How will we manage our worksite around passengers or the public?

Workgroup Initials

I PLEDGE SAFETY